



# Lacrosse in Australia Child Safety Resource Pack

## For Players

Participation in sport should be safe for all. We are committed to ensuring that people in sport, including children, are treated with respect dignity and are protected from bullying, discrimination, harassment or abuse. This information pack has been put together to provide information and resources to players to ensure they are aware of their rights, know where to go if they are unsafe or need support and outlines roles and expectations of people involved in the National Events.

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# Lacrosse In Australia Child Safety Resources – For Players

## Lacrosse's Commitment

Lacrosse is committed to ensuring the safety and wellbeing of all Children that are involved in our sport. Our policies and procedures seek to address risks to child safety and to establish child safe culture and practices.

- Lacrosse is committed to keeping Children safe
- Lacrosse promotes equity and respect diversity
- Lacrosse staff and volunteers know the behaviour we expect
- Lacrosse minimises the likelihood of recruiting a person who is unsuitable
- Induction and training are part of our commitment
- Lacrosse encourages the involvement of Children and their parents
- Lacrosse staff and volunteers understand their responsibility for reporting child abuse
- Lacrosse maintains and improves our policies and practices

## Lacrosse Policy Quick Facts:

The Child Safeguarding & Member Protection policy highlight the important legal and governance responsibilities in relation to child safety. These are long and can be difficult to read sometimes. That's why we can provide some fact sheet to help you understand them better,

Check out our policy Fact Sheets below :

- [Child Safeguarding Fact Sheet.](#)
- [Member Protection Fact Sheet](#)
- [Click here for information to help 13-17 year old's understand the Child Safeguarding Policy](#)
- [Know your rights at sport 13-17 year old](#)

## Lacrosse Policy & Code of Conduct

|   |   |   |
|---|---|---|
| Member Protection<br><a href="#">Member Protection policy</a> | Child Safeguarding<br><a href="#">Child Safeguarding policy</a> | Code of Conduct<br><a href="#">Child Safety Code of Conduct</a><br><a href="#">Player Code of Conduct</a> |
|---|---|---|

## Reporting an issue or breach of LA Policy or conduct:

If you are at risk of immediate harm call 000.

If you feel unsafe or feel that someone is not respecting your rights, you should tell an adult you trust. This could be a parent, coach, carer, or any adult you trust.

You, with help and support with the adult you trust, can follow the steps in the below link to help address your safety and concerns.

## [Responding and Reporting to a Breach of a Lacrosse Policy](#)



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## Complaint Handling Process

Once a complaint has been made to Sport Integrity Australia (SIA), SIA will then assess, investigate the matter and determine how disputes will be resolved and disciplinary action imposed.

- [Complaints, Disputes and Discipline Policy](#)
- [Complaints, Disputes and Discipline fact sheet](#)
- [Steps in complaint handling process](#)

## Support Services:

|               |  |   |
|---------------|--|---|
| Kids Helpline | Provides confidential telephone and online counselling services to young people aged 5–25 years old for any reason.  | 1800 551 800<br><a href="http://kidshelpline.com.au">kidshelpline.com.au</a>                      |
| Brave hearts  | Information and Support Line Open to anyone wanting information, advice, referrals and support regarding child sexual assault.   | 1800 272 831<br><a href="http://bravehearts.org.au">bravehearts.org.au</a>                        |
| Lifeline      | A generalist and crisis telephone counselling, information and referral service, provided by trained volunteers who are supported by professional staff. Online chat and text services are also available.   | 13 11 14<br><a href="http://www.lifeline.org.au">www.lifeline.org.au</a>                          |
| eheadspace    | A free and confidential telephone and online service for young people aged 12–25. Qualified youth mental health professionals provide support to young people worried about their mental health or experiencing issues such as depression, bullying and isolation. Support is also available to concerned parents or carers  | 1800 650 890<br><a href="http://headspace.org.au/eheadspace">headspace.org.au/eheadspace</a>      |
| 1800 RESPECT  | A national sexual assault, family and domestic violence counselling line for anyone who has experienced, or is at risk of, physical or sexual violence. This service is designed to meet the needs of people with disabilities, Indigenous Australians, young people and individuals from culturally and linguistically diverse backgrounds. Online counselling is also available. | 1800 RESPECT (1800 737 732)<br><a href="http://www.1800respect.org.au">www.1800respect.org.au</a> |

## Recommended Education & Resources:

- [eSafety Kids – I want help](#)
- [Verbally Abusive Coach interactive scenario](#)
- [Child Safe Practices Do's & Don'ts](#) – to be followed by anyone involved in the delivery of programs, services or activities to children participating in sport



# Lacrosse In Australia Child Safety Resources – For Players

## Roles & Responsibilities Regarding the Team

### Peak Bodies Lacrosse Australia and Member Association Office Bearers:

As the peak bodies, Lacrosse Australia and Member Associations are responsible for all policies and procedures relating to the Team, Team personnel and the event. Peak Bodies may direct coaches and managers as required. MAs supports coaches so they may focus on the teams' preparation through training, conditioning, team management and completing mandatory education. A coach may be informed and must comply with any instructions that peak bodies deems necessary.

Peak bodies will ensure all teams are aware of, and will expect, all players, team personnel and player families to demonstrate the behaviours required to meet Lacrosse policies and Code of Conduct standards. Any person found to be in breach of these standards may be reported, investigated and could be removed from the team and event.

### Team Manager

All Team Managers are expected to adhere to the LA Code of Conduct. Will demonstrate the utmost respect to every player and parent/guardian. The Team Manager will attend to the well-being and needs of all players in the lead up and during the event. Will communicate well and liaise with the coaches, players, parents/guardians and Lacrosse organisations. Communications will always include the parent and will not be via social media. The Team Manager is responsible for the coordination of travel, activities, bookings and other logistics related to the team. Team Manager will be familiar with and adhere to LA and MA policies and procedures.

### Coaches

All coaches are expected to adhere to the LA Code of Conduct. Will demonstrate the utmost respect to every player and parent/guardian. Will focus on development and growth of players and team. Support players through their journey within the team. Seek support as required for both on field and off field matter via other team personnel or via your state Lacrosse Organisation. Will not communicate with players via social media and should never message or communication players individually without other individuals and or parent included.

### Parents

All Parents are expected to adhere to the LA Code of Conduct. Understand the roles of each team staff appointment. Following the proper channels of communication via your Team Manager or Lacrosse Organisation. Will read and follow the communications provided by Team staff and/or Lacrosse Organisations.

Support your child by:

- getting them to training prepared and on time.
- Encouraging their child to accept responsibility for their development and performance.
- Supporting off field elements such as good nutrition and balanced approached to sport.
- Respecting opposition players, parents, officials, and coaches. Be a positive role model and adhere to the parents Code of Conduct.

Parents should notify the team manager or coach of and scheduling conflicts in advance and any Health or other issues concerning the player and performance.

### Players

All players are expected to adhere to the Code of Conduct standards, as well as rules that are specific to their program. Players must abide by Coaches and Managers directions.

Players are expected to:

- Attend all trainings, and games. If they cannot make a session they must advise the coach in advance.
- Arrive for training on time, and ready to train, wearing shoes, equipment, ankle braces, with a full drink bottle, prior to the commencement of training.
- Respect their team mates, coaches, manager, parents, and officials, opponents and the game.
- Follow the coaches' instructions and challenges to develop their game and support the team.
- Accept new team strategies, team mates, training methods and try new playing positions with enthusiasm.
- Adhere to the Players Code of Conduct.
- Play by the Rules.



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LACROSSE  
AUSTRALIA



LACROSSE  
VICTORIA



LACROSSE  
SOUTH AUSTRALIA



LACROSSE  
WA